

Tokyo Metropolitan University



TOKYO METROPOLITAN UNIVERSITY

東京都立大学

Winter Program “Japanese Foodways-Past, Present, Future”

January 16 to February 2, 2024

Tokyo Metropolitan University's (TMU) Winter Program is a unique opportunity for students from TMU's partner institutes to experience Japanese language and culture firsthand. This 3-week intensive program offers a variety of activities to help participants learn Japanese and deepen their understanding of Japanese culture.

Venue: Tokyo Metropolitan University Minami-Osawa Campus

Duration: January 16(Tue.)-February 2 (Fri.), 2024

Eligibility: Undergraduate or graduate students from our partner universities, and those who can fully attend the program. Admission could be competitive and not all applicants are admitted due to the limited capacity of the program.

Number of class hours: Japanese (4,5 hours), Japanese studies lecture (6 hours), workshop (6 hours) & field study (7.5 hours)

◆ **Learn Japanese from expert instructors:** Our intensive Japanese language classes*1 are designed to help you improve your skills in all four areas: speaking, listening, reading, and writing at 2 levels: CEFR B1 and B2.

SPOT go scores and CEFR levels The learner's level is determined by "SPOT go".

- 45-60: Pre-intermediate Japanese (CEFR B1) = being able to communicate in everyday situations.
- 61-75: Intermediate Japanese (CEFR B2) = being able to communicate effectively in a wider range of situations, including more complex topics

◆ **Discover Japanese culture through lectures and workshops:** Leading experts and practitioners cover a variety of food-related topics, such as globalization of Japanese foods, social responses to poverty, history of Japanese foods, and foodtec.

◆ **Immerse yourself in Japanese culture through field study:** Site visits include a local NPO, museums and shops in Tokyo to experience Japanese culture firsthand.

All activities will be conducted in English. Students will be evaluated based on their class participation, in-class activities, and a presentation. Upon completion of the program, participants will receive a certificate.*2

Program Fee: 125,000 JPY *3 The program fee covers accommodation during the program*4, textbooks, admission fees for field trips, and workshop fees only. Tuition fee is waived according to the exchange agreement.

How to Apply: Please send the following documents to the program coordinator at your home university by October 27


1. Application Form for TMU Japanese Winter Program
2. Visa support request form
3. Official transcript
4. Test results of "SPOTgo" (PDF) Please take a free online test to determine your ability level at the following link:
<https://ttbj.cegloc.tsukuba.ac.jp/en/p1.html>
5. A copy of the photo page of your passport, which must be valid for at least 6 months after the end of the program.
6. ID Photo (PDF data up to 500KB)

How to pay the program fee: The program fee should be paid by overseas remittance no later than the end of November. More details will be sent after your application is accepted.


Cancellation Policy: Once your application has been accepted and you have paid the program fee, the following cancellation policy will apply: **Cancellation on or before December 14:** 50% of the program fee will be forfeited; **cancellation on or after December 15:** 100% of the program fee will be forfeited.

Experience Japanese Language & Culture Firsthand!

TMU Winter Course AY2023 Program Schedule (Note: The schedule may be subject to change.)*5

	MON	Tue	Wed	Thu	Fri
	Jan. 15	Jan. 16	Jan. 17	Jan. 18	Jan. 19
AM	Arrival & Check in 	Orientation Opening Ceremony Campus Tour	Japanese Language	Japanese Language	Japanese Language
PM		Japanese Language	Japanese Language	Workshop 1 Japanese confectionary making & tea ceremony	Japanese Language
		Japan Studies 1 Japanese cuisine in the world			No class
		Welcome Party			

	Jan. 22	Jan. 23	Jan. 24	Jan. 25	Jan. 26
AM	Japanese Language	Japanese Language	Japanese Language	Japanese Language	Field Studies 1 Foodbank TAMA
PM	Japanese Language	Japan Studies 2 Social responses to poverty in Japan	Japan Studies 3 Food Technology	Japanese Language	Field Studies 2 (TBD)
	Workshop 2 Making Japanese rice cake "Mochi"	No class	No class	No class	

	Jan. 29	Jan. 30	Jan. 31	Feb. 1	Feb. 2	Feb. 3
AM	Japanese Language	Japanese Language	Field Studies 3 Special Exhibition "Washoku" at National Museum of Nature and Science	Japanese Language	Japanese Language	Check out & Departure 
PM	Japan Studies 4 Food Culture of the Edo Period	Workshop 3 Traditional comic storytelling "Rakugo"		Japanese Language	Student Presentation	
	No class	No class	Closing Ceremony Farewell Party			

Notes

*1 Please bring a personal device, such as a laptop or tablet, to every Japanese language class.

*2 Students must earn a minimum score to receive a certificate of completion. Students who do not meet all the requirements will receive a certificate of participation, which is not equivalent to a certificate of completion.

*3 Meals, airfare, traveler's insurance, transportation between the university & accommodation, and other daily expenses are not included. Participants in the program must purchase traveler's insurance at their own expense to cover medical costs incurred during the period of the stay in Japan.

*4 Hashimoto Park Hotel 3-4-4 Hashimoto, Sagami-hara, Kanagawa 252-0143 Tel +81-42-774-6112, <http://www.hashimoto-park.co.jp/>

*5 The university is not responsible for delays, cancellations or any issues related to the program for reasons of force majeure or for reasons beyond its control such as but not limited to inclement weather, natural disasters, labor disputes, national emergencies, COVID-19, or other force majeure or circumstances beyond the university's control.



TOKYO METROPOLITAN UNIVERSITY

東京都立大学

1-1 Minami-Osawa, Hachioji-shi, Tokyo, Japan 192-0397