# Tokyo Metropolitan University

# Orientation for New International Students

October 1st, 2024

15:00 ～15:55 （English session）

# Today's Program

| I Orientation | Contents |
|---|---|
| 15：00～15：55（English） | Living in Japan, Introduction of International clubs |
| | Alerting regarding fraud damage |
| | Introduction to Japanese Language Courses |
| | From International Affairs Office |

| II Campus Tour | Visiting Places |
|---|---|
| 16：00～17：00（English） | International House, Library, Information Gallery, Cafeteria ...and more |

| III Welcome Party | Place |
|---|---|
| 17：00～18：00 | Tea Lounge, 1F, International House |

# Prof. Masayoshi Noguchi

Vice President of TMU,
Executive Director of the International Center,
Professor, Graduate School of Management

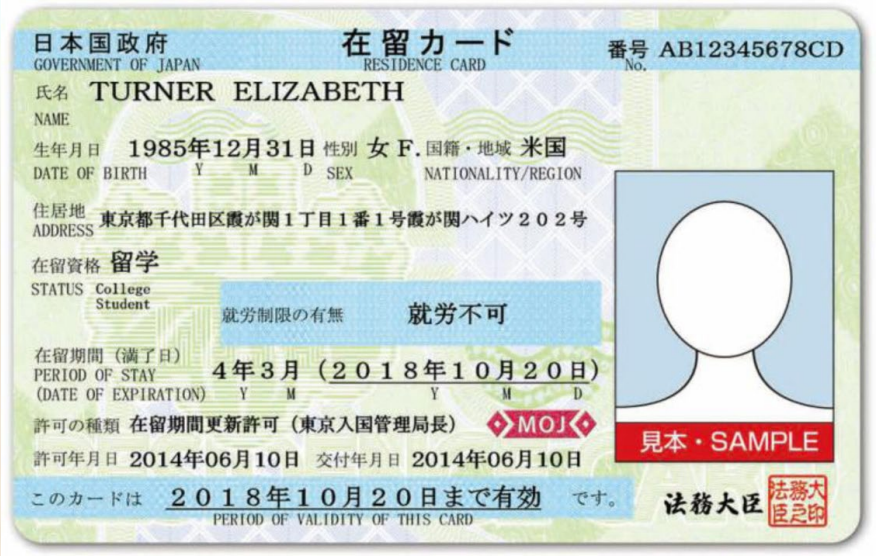
# Information from International Affairs Office

1 Life in Japan

- Status of residence
- My number system
- National Health Insurance
- National Pension

# What is “Status of Residence”?

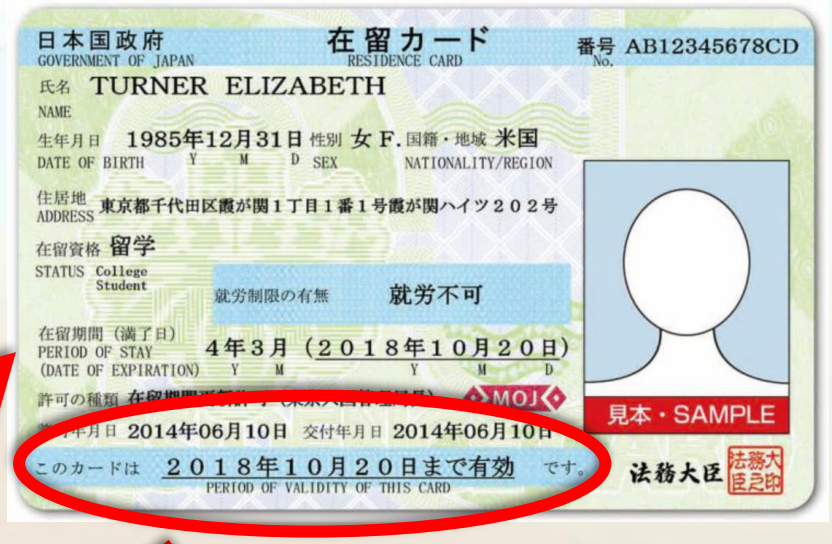
A lawful status for a foreign national in order to work in Japan, attend schools, or make an ordinary living. It is a necessary lawful status in order to stay in Japan and conduct SPECIFIC ACTIVITIES.




「STUDENT」

Activities to receive education at a university.

# Application for Extending of Period of Stay

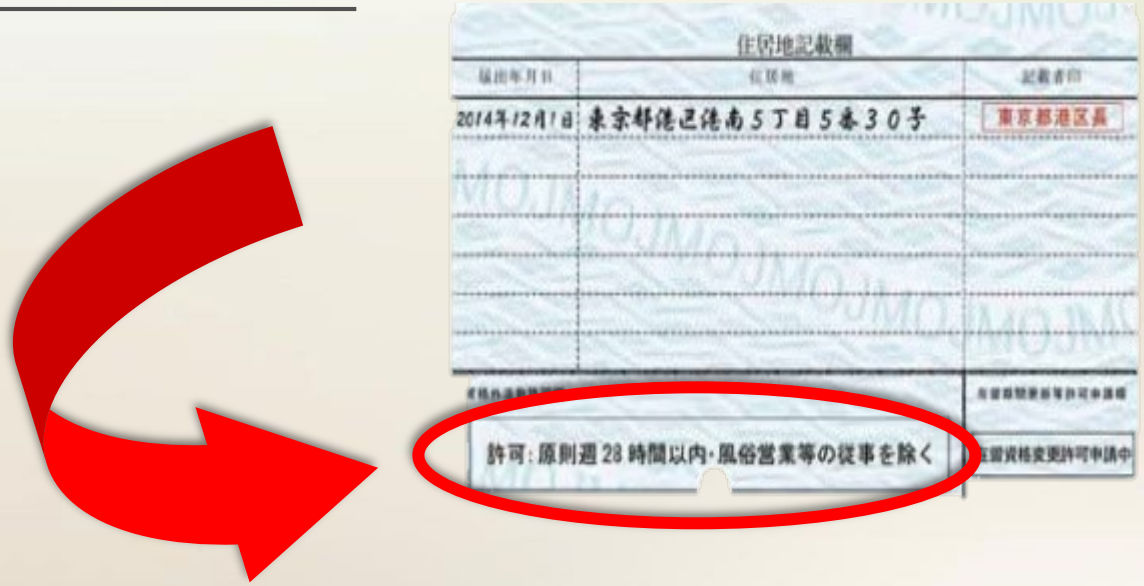



- The university will issue 2 pages of an application form.
- Application can be made 3 months prior the expiration date.

**Period of your residence will be expired on this date!!**

# The Certificate of Authorized Employment

You are allowed to work up to 28 hours a week.
When the school is "officially" not in session,
8 hours a day, 40 hours a week



# Notification concerning the organization to which the applicant belongs

If you belonged to another school with **student** visa until the end of September and your period of stay is valid after October...

**Must report within 14 days.**

**You can report by post or online.**

# We would like to make sure your status of resident is appropriate.

We need to confirm your certificates when….

- ✓ you are newly enrolled.
- ✓ there are any changes.

# Confirmation of Certificates on website

This is required procedures for all new international students by 7th October.

# My Number (Individual Number)

- Social security and tax number (so called My number) is issued to all foreign nationals who are allowed entry with a mid-to-long term resident status.
- After receiving your notification card with a “my number”, keep it safe.

# National Health Insurance

- Those who are issued a Resident Card are required to obtain National Health Insurance (*Kokumin-kenko-hoken*): **international students and researchers are not exceptions.** This insurance not only covers 70% of your medical fees but is required for extension of your visa. You can register for the insurance policy at your local ward/city office.
- You need to present your National Health Insurance holder's (*hokensho*) card each time you visit any medical institution: you will then pay only 30% of the total medical costs.

# National Pension

The National Pension is a public pension system that provides pension benefits to an insured person when he/she reaches a pension age. Regardless of nationality, all registered residents of Japan aged 20 to 59 years are obliged to enroll in the National Pension System.

For more information

- https://www.nenkin.go.jp/international/index.html

# The Special Payment System for Students

This allows the applicant to postpone payment of premiums until he/she completes his/her education, finds a job, and is able to pay (degree students only).

Submit an application at your ward office's health insurance and Pension Division.

# Learn more at

## Immigration Bureau of Japan

http://www.immi-moj.go.jp/newimmiact_1/en/

## Japanese National Pension System

https://www.nenkin.go.jp/pamphlet/kokunenseido.html

https://www.nenkin.go.jp/international/english/nationalpension/nationalpension.html

## National Health Insurance

https://yosida.com/forms/nationalins.pdf

# Information from International Affairs Office

2 TMU Life

- Handbook for International Students
- Scholarships

# Handbook for International Students

- The Handbook for International Students gives useful information that international students should know for their student life.

(Living, Studying, Health Service, Counseling Service, etc.)

# Scholarships

## for Privately Financed International Students

- **Scholarships**

https://www.ic.tmu.ac.jp/english/study_abroad/scholarship.html

- **Pre-Registration for Scholarship Application**

https://www.ic.tmu.ac.jp/english/study_abroad/scholarship_preregistration.html

**※ Required for scholarships that need the university's nomination/recommendation**

**Application Period : October.1~8, 2024（NLT）（Only by post）**

**※ Please read carefully "Scholarship Booklet" on the sites.**

# Thank you.