

# International student Seminar in NAGANO

International Affairs Office

**DATE** Saturday, June 25<sup>th</sup> - 26, 2016

**PARTICIPATE** 23 international students, 4 TMU students

**CONTENT** Nakasendo (Edo-period, Edo-Kyoto highway), hiking from Magome to Tsumagojuku, Matsumoto Castle, a miso factory (soy bean paste maker), etc.

Around Matsumoto in Nagano, we carried out this seminar. We traveled to Kiso by bus, walked along Nakasendo. Unfortunately, it was rainy but international students enjoyed hiking taking pictures of the green field alongside, ringing bells that would prevent wild bears. On the way, we luckily happened to meet a local man, who sang us 'Kiso bushi', which was a specialty song in the region, then we could feel Japanese culture in the Edo period. In Tsumagojyuku, we enjoyed strolling and eating at shops that had traditional white walls.

On the second day we visited Matsumoto castle by bus. We looked around in the castle with volunteer guide staff.

In the castle, there were a lot of devices, we were surprised at the superior technology in those days.

And we visited a miso factory, where we had lunch and ice cream made by using this Japanese traditional miso.

This was a very nice tour on which we could experience good old Japan.

